



OUR

SPACES



Clinical Services

HARP clinicians provide individual, family, and group therapy services. We are always expanding our treatment offerings to best serve the holistic needs of our clients. In addition to traditional talk therapy, our clinicians can also incorporate elements of play, artistic expression, sensory regulation, and body movement into your child's therapeutic treatment.

CLINICIANS AT HARP ARE TRAINED IN...

- ★ Child and Family Traumatic Stress Intervention (CFTSI)
- ★ Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- ★ Attachment, Regulation and Competency (ARC)
- ★ Sensory Motor Arousal Regulation Treatment (SMART)
- ★ Problematic Sexual Behavior Cognitive Behavioral Therapy (PSB-CBT)
- ★ Eye movement desensitization and reprocessing (EMDR)



Our Vision

Empowering children and families to write a new story of hope, healing, and resilience.

Who are we?

Developed in 2018, the Healing & Resiliency Program (HARP) provides assessment and outpatient therapy services to child and adolescent victims of sexual abuse, physical abuse, and other crime-related trauma (including loss of a loved one due to homicide, dating violence, or witness to violence at home, and in the community).





**"I am not what has happened to me. I am who I choose to become."
Carl Jung**

How Therapy Can Help

Trauma often leaves children feeling like they are no longer in control. Early intervention using trauma-informed, evidence-based treatment, provided by our clinicians, helps to put kids back in the driver's seat of their own lives.

Therapy can help your child..

Understand trauma and traumatic stress

Develop healthy coping strategies

Strengthen self-esteem



CONTACT US



**Director of Clinical Services
Stephanie Sayles, LICSW
508-674-6111 x 103
ssayles@jri.org**

58 Arch St, Fall River MA

The Healing and Resiliency Program (HARP)

Trauma-Informed Mental Health Services

