Promote Safe Online Choices

- Establish expectations for online behavior
- Discuss appropriate vs. inappropriate posts
- Establish rules about what they can share
- Learn about reporting & blocking
- Teach warning signs of inappropriate online behavior
- Tell kids to only add people they know personally
- Encourage your kids to set their apps/sites/accounts to private

Additional Resources:

Looking for more information on parental control apps?
Information can be found at:
https://cacofbc.org/technolog
y-for-caregivers/

Online Safety Webpage:

https://cacofbc.org/online-safety/

or



Sexting Brochure can be found under the Online Safety Webpage!



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Online Safety: For Caregivers



Informing caregivers about online safety prepares them to guide their children through the digital world responsibly.

Apps To Watch & Why

- Snapchat
 - Snapmaps-allows youth to be tracked by anyone if not changed to Friends Only
 - 'For My Eyes Only'-this features allows youth to hide photos behind a passcode
- Instagram
 - Wide following
 - Access to Strangers
 - o Anyone can DM
- X(previously Twitter)
 - Exposure to Adult Content and inappropriate imagery
- Any Vault App
 - These apps can look like another app(ex: Calculator) but there is a password to enter to access the locked content









Online Predators

The FBI estimates there are up to 750,000 child predators online.

- Online predators may lure minors into doing things such as sexual acts or sending sexually explicit photos/messages.
- Remind your children that when using the internet REMEMBER... people aren't always who they say they are.

Red Flags to Look Out For:

- Asks lots of personal questions
- Gets mad if the youth is not online or not answering
- Wants to talk to the youth about things that make them uncomfortable
- Asks for pictures
- Tries to meet in real life

Best Approach for Safety:

- Block
- Report
 - Report the user to the app or video game and law enforcement
- Get Support



Grooming

 The gradual process by which an offender draws a victim into a sexual relationship and maintains that relationship in secrecy.

Can Start As:

- Flattering comments
- Giving gifts
- Slowly breaking boundaries by discussing sexual topics
- Asking the victim to keep secrets
- Sharing or asking for revealing/sexual images