

Social Media



- **Account Settings:**

- Set your apps/sites/accounts to private
- Only add people you know personally

- **Personal vs. Private:**

- Not everything is okay to post online! You can still post things that feel personal to you though!
- Okay to Post(personal): Favorite Music, Favorite Food, Sports Teams you like, etc.
- Not Okay to Post(Private): Your School, Your Location, Address, Phone Number, etc.

- **Location Settings:**

- Turn your locations to friends or family only
- Never have your location public!
- Don't post in real time

- Remember everything shared to the internet is PUBLIC & PERMANENT

Additional Resources:

Online Safety Webpage:

<https://cacofbc.org/online-safety/>

or



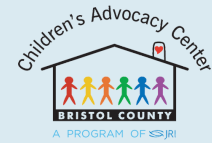
Sexting Brochure can be found under the Online Safety Webpage!

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Online Safety: *For Young Adults*



Informing young adults about online safety prepares them to navigate through the digital world responsibly.

What Makes Apps Unsafe

- Anonymous Accounts
- Chatting with Strangers
- Online Predators
- Scams
- Exposure to Adult Content
- Geolocations
- Unrestricted Sharing of Videos and Images

Best Approach for Safety:

- Block
- Report
 - Report the user to the app or video game and law enforcement
- Get Support

BLOCK & REPORT

Online Predators

The FBI estimates there are up to 750,000 child predators online.

- Online predators may lure minors into doing things such as sexual acts or sending sexually explicit photos/messages.
- When using the internet REMEMBER... people aren't always who they say they are.

Red Flags to Look Out For:

- Asks lots of personal questions
- Gets mad if the youth is not online or not answering
- Wants to talk to the youth about things that make them uncomfortable
- Asks for pictures
- Tries to meet in real life



Grooming

- The gradual process by which an offender draws a victim into a sexual relationship and maintains that relationship in secrecy.

Can Start As:

- Flattering comments
- Giving gifts
- Slowly breaking boundaries by discussing sexual topics
- Asking the victim to keep secrets
- Sharing or asking for revealing/sexual images